Situated at the base of Deer Valley Resort, and just 45 minutes from the Salt Lake City International Airport, the beautiful Heber Valley is a quick and convenient family getaway that offers a wide range of iconic adventures.

With pristine lakes, thrilling zip lines, a historic tourism railroad, three state parks, 90 holes of public golf, a geothermal hot spring, blue-ribbon fly fishing, endless hiking, biking, and off-road vehicle trails, the Heber Valley boasts year-round recreational opportunities — all with some of the most majestic mountain views in the world.

Whether you're looking for a unique outdoor adventure, a relaxing mountain retreat, a quick getaway for the weekend, or even a family reunion, Heber Valley has an abundance of dining, lodging, and adventures for everyone. Come visit us and see for yourself why the Heber Valley is Utah’s Backyard Playground.
WASATCH MOUNTAIN STATE PARK

Enjoy year-round adventure at Wasatch Mountain State Park. Camp in the Pine Creek Campground, reserve a tee time at one of the four popular 18-hole golf courses or hike, bike, ATV or horseback ride on miles of winding mountain trails. In winter months, ski, snowshoe or snowmobile through the alpine terrain. Nestled on the eastern side of the Wasatch Mountains, the views are unforgettable.

WHAT TO EXPECT

- Visitor Center
- Fishing Pond
- Public Golf Courses
  - Wasatch Mountain Golf Course
  - Soldier Hollow Golf Course
- Trails open year-round
  - Home of the famous “WOW” Trail
- Events year-round
- Campgrounds
- Picnic areas
- Group-use pavilion
- Overnight group areas
- Gear rentals
- Restaurants

1281 WARM SPRINGS ROAD, MIDWAY, UTAH • 435.654.1791
STATEPARKS.UTAH.GOV/PARKS/WASATCH-MOUNTAIN
Located above the Heber Valley, Jordanelle State Park is a summertime mecca for outdoor enthusiasts. Along the shores of the Jordanelle Reservoir are three distinct recreation areas: Hailstone, Rock Cliff, and Ross Creek, which offer a variety of recreational opportunities. Whether you plan on spending a day, weekend or more, Jordanelle offers some of the best picnicking, camping, boating, fishing, or hiking that you will find in the great state of Utah.

GO AHEAD. JUMP IN. THE WATER IS PERFECT.

WHAT TO EXPECT

- Visitor Center
- Shoreline trails
- General store
- Boat, Jet Ski, Paddleboard, Kayak rentals
- Campgrounds
- Picnic/cabana areas
- Cabin rentals
- Group day-use sites
- Group-use nightly pavilion
- Aqua x Zone floating water park
- Year-round events
- Event center

JORDANELLE STATE PARK

515 UT-319, HEBER CITY, UTAH • 435.649.9540
STATEPARKS.UTAH.GOV/PARKS/JORDANELLE
Consistently ranked as one of Utah’s most-visited parks, Deer Creek State Park offers the perfect setting to windsurf, boat, zipline, swim and fish on its cool waters. After a day on the water, camp under the night sky at one of several campgrounds, all with spectacular views of the towering Mount Timpanogos.

WHAT TO EXPECT

- Deer Creek Island Resort
- Restaurant
- General store
- Equipment and boating rentals
- Campgrounds
- Picnic areas
- Group-use pavilions
- Picnic/cabana areas
- Island Aqua Park
- Zipline tours
- Kiteboarding
The Heber Valley Railroad began in 1899, when trains carried livestock down Provo Canyon. In the 1970s, the train became a tourism icon and has since carried millions of happy visitors.

Today, visitors can enjoy scenic train rides that feature luxury train cars, quality food and entertainment, comedy murder mysteries, and even a train robbery by some of the most ruthless bandits around. During the winter months, the Heber Valley Railroad offers a magical North Pole Express ride where passengers are treated with hot cocoa, cookies, and a special visit from Santa Claus.

SPECIAL EVENTS

- North Pole Express
- Star Wars
- Freedom Train
- Wizard’s Train
- Princess & Pirate Train
- Fiddler’s & Fireworks
- Comedy Murder Mystery
- Broadway Show-tunes
- Cowboy Train
- Rock n’ Roll Train
- Hobo Train
Nestled in the heart of Midway is the last working dairy in the Heber Valley, from an era gone by. Heber Valley Artisan Cheese, a small family dairy farm and creamery, has been operated by the Kohler family for nearly 100 years.

Be sure to visit the dairy and sample their delicious fresh milk, ice cream, cheese and other local goods in their gift shop.

For a more hands-on experience, check out their cheese making classes, dairy tours, and seasonal special events where visitors can feed baby animals, milk cows, and experience what it’s like to work on a dairy farm.
In the shadow of the Wasatch Mountains lies a world-class, historic 2002 Olympic Winter Games venue. Soldier Hollow served as the busiest venue during the Olympic Winter Games and hosted 18 exciting biathlon and Nordic combined cross-country skiing events.

Today, it hosts year-round events, activities, training and provides a multi-use trail system that is accessible throughout the year for skiing, biking, and hiking.

**THINGS TO DO**
- Cross-country ski
- Snowshoe
- Tubing
- Snowmobile
- Biathlon
- Hiking
- Lodge/event facility
- Soldier Hollow Classic Sheepdog Championship
- Rentals
- Restaurant
- Mountain Biking
One of the most unique hot spring pools in the world is found at the Homestead Resort in Midway. Affectionately known as “The Crater,” this geothermal spring is hidden within a 55-foot tall, beehive-shaped limestone rock. Visitors can swim, snorkel, enjoy a therapeutic soak or even learn to scuba dive.

**THINGS TO DO**
- Swim/Soak
- Snorkel
- Scuba Dive
- Paddleboard
- Year-round access
- Climb the staircase on the outside of the Crater
- Walk through and observe the geology
THE ARTS

The Heber Valley has a full and thriving arts community. With everything from live musicals to art shows, plein air competitions and quilt exhibits to museums, there is something happening year-round for the art and culture enthusiast. For more information, visit our events calendar at gohebervalley.com.

- COMMEMORATIVE AIR FORCE UTAH WING MUSEUM cafutahwing.org
- HIGH VALLEY ARTS highvalleyarts.org
- HEBER VALLEY ORCHESTRA hvmusic.org
- MIDWAY ART ASSOCIATION midwayartassociation.org
- THE DAUGHTERS OF UTAH PIONEERS MUSEUM dupinternational.org
- TIMPANOGOS VALLEY THEATER timpvalleytheatre.com

Supporting both indoor and outdoor year-round events, the 58,000 square foot events complex hosts events such as world-class rodeos, large expos and conventions, sporting tournaments, musical demonstrations, and even a family-friendly traveling circus.

With a complete indoor/outdoor sound system, coupled with a large jumbotron and removable floor, the Wasatch County Events Complex has the capacity to support a variety of exciting activities and events.

The Joyce and M. Anthony Burns Recreation Center is a complete indoor facility featuring: multi-purpose courts and turf field, tennis courts, racquetball courts, running/walking track, batting cages, golf simulator, putting green and driving area, classrooms and a party room for rental.
WILDLIFE

There are a wide variety and number of animals living in the Heber Valley and the surrounding Wasatch Mountains. Bear, elk, moose, deer and mountain goats are among the larger animals. Mountain lions, bobcats, coyotes, fox, porcupines, raccoons, beaver, badgers, rabbits, weasels and pika make up many of the smaller animals. Birds are abundant too, including eagles, owls, hawks, ducks and geese. In the areas’ lakes and rivers, there are a number of trout species, bass, walleye, chub, perch, bluegill, sunfish, carp, kokanee salmon, and muskee. Your best chance of catching a glimpse of the wildlife is at one of our state parks, Strawberry area, or national forest land. Bring a camera!

STRAWBERRY RESERVOIR RECREATION AREA

Primarily known for its excellent fishing, Strawberry Reservoir is also an ideal boating destination with 17,200 surface acres. There are four boat ramps, each featuring boat rentals, gasoline and adjacent campgrounds for overnight stays. Water temperatures tend to be on the cool side, but water skiers, wakeboarders and jetskiers love this high elevation mountain reservoir.

Shoreline trails offer horseback riding, hiking and biking opportunities. In the winter months, snowmobiling and ice fishing are popular sports.
A visit to one of the Heber Valley golf courses is the perfect way to take in this beautiful mountain valley. Each award-winning course is situated against a breathtaking backdrop rarely matched by courses elsewhere.

**CRATER SPRINGS GOLF COURSE**
700 Homestead Drive, Midway • 435.654.5588
Craterspringsgolf.com

Holes 18 / Par 72

The beautifully maintained greens, babbling brooks and water features at Crater Springs, located at the historic Homestead Resort, are sure to make a lasting impression.

**WASATCH MOUNTAIN GOLF COURSE**
975 Golf Course Drive, Midway • 435.654.0532
Wasatchgolfcourse.com

Lake Course   Mountain Course
Holes 18 / Par 72   Holes 18 / Par 71

Wasatch Mountain State Park’s 36-hole championship complex is home to two of the most popular Utah mountain golf courses. These Mountain and Lake courses were carved from the mountain canyons and native forest. Be sure to check out the fall colors throughout the course.

**SOLDIER HOLLOW GOLF COURSE**
1370 West Soldier Hollow Lane, Midway
435.654.7442 • soldierhollowgolf.com

Silver Course   Gold Course
Holes 18 / Par 72   Holes 18 / Par 72

Soldier Hollow has one of the longest courses in the state and the distinction of being the only 36-hole facility golf course built at an Olympic venue. Athletes of world-class ability and recreation enthusiasts alike enjoy Soldier Hollow on a year-round basis.

**EPIC 90 GOLF PASS**
An incredible deal for the serious golfer. Golf 18 holes at each course for a discounted rate. Passes are limited. golfhebervalley.com

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Soldier Hollow has one of the longest courses in the state and the distinction of being the only 36-hole facility golf course built at an Olympic venue. Athletes of world-class ability and recreation enthusiasts alike enjoy Soldier Hollow on a year-round basis.
Pedaling is a great way to explore the Heber Valley. Both mountain bikers and road cyclists will find plenty of options for rides, ranging in difficulty from mild to highly adventurous. With dozens of trails to choose from, there is no shortage of single track, dirt roads or paved paths to show you all that the Heber Valley has to offer.

Looking to take to two wheels to see town? Stop by one of our local bicycle shops and rent an electric bike so you can cover more miles with less effort.

**Hiking**

The mountains and hillsides surrounding Heber Valley contain a multitude of great hiking trails through forests and meadows. Several trails make for the perfect day hike while others are more suitable for an overnight backpack adventure. Terrain varies from a steep climb up Mount Timpanogos to an easy stroll along the shores of Strawberry Reservoir. Make sure to pack plenty of water, snacks, sunscreen and seasonal clothing layers as temperatures can vary.

**Trails to Explore**

- Wasatch Mountain State Park
- Dutch Hollow
- Burnt Ridge
- Cottontail
- Sage Loop
- Phosphate
- Prospector
- 1000 Turns
- Gobbler’s Gulch
- Interlaken Trail
- Cascade Springs
- Coyote Canyon
- WOW Trail
- Riverview Trails
- Big Pole Trail
- Deer Creek Shoreline
- Soldier Hollow
- Strawberry Narrows
- Mill Hollow Trail
- Mount Timpanogos
- Timpooneke Trail
- Deer Valley Resort
- Sundance Resort

**Cycling**

For more information visit: gohebervalley.com/trails
HORSEBACK RIDING

The mountains surrounding Heber Valley offer some of the best riding terrain around, with spectacular scenery and a multitude of wildlife.

Regardless of your skill level, you can find a ride that suits you. There are a few local outfitters and guides in Heber Valley offering pack trips and guided rides.

Red Ledges offers a tailored experience with a private outfitter. Climb through magnificent red rock outcroppings on one of their well-trained, sure-footed, kind-minded, friendly horses.

The flattop meadows of Strawberry Valley are ideal for beginning riders, and the endless miles of trails through the Uinta Mountains are an equestrian’s paradise.

Riders can explore miles of trails through the scenic forests and lush vegetation of Snake Creek Canyon and Dutch Hollow in Wasatch Mountain State Park. These trails climb high into the mountains, offering some spectacular views of Heber Valley.

OFF-ROAD (OHV) RIDES

Much of the area surrounding the Heber Valley is designated as public land, administered for recreational use. This allows for hundreds of miles of backcountry trails and guarantees that great four-wheel drive or all-terrain vehicle ground is never far away!

The Heber Valley has many four-wheel drive and ATV rental outfitters. Both guided or self-guided backcountry trips are an excellent way to see some of the area’s most beautiful and untouched landscapes.

QUICK FACTS

Weather at high elevation can change suddenly and dramatically. Dress in layers.

Leave no trace, pack out everything you pack in.

Season: Year-round
FISHING

Meandering through the middle of the Heber Valley, and famous for its blue-ribbon fly fishing, you’ll find the Provo River. Anglers frequent its waters year-round, following the regular insect hatches that feed the resident trout. Walking trails follow the water and easy access parking lots are found along the river. Not sure where to start? We highly recommend hiring a guide to show you the best local spots.

Deep water fishing is found on the surrounding reservoirs (Strawberry Reservoir, Deer Creek Reservoir, Jordanelle Reservoir). For dedicated anglers, fishing doesn’t end when the lakes freeze over. The reservoirs that surround Heber Valley develop a thick sheet of ice during winter and offer some fantastic ice fishing opportunities.

WATERSPORTS

Heber Valley is home to three large reservoirs and dozens of smaller lakes. Boating, paddleboarding, canoeing, wind surfing, and even swimming are some of the most popular activities in Heber Valley's reservoirs during the summer months. Water sports are a great way to cool off, get some exercise, or enjoy the mild temperatures in this beautiful mountain valley. Two smaller reservoirs offer opportunities for boating or canoeing and are very popular with fishermen.

While boating is among the most common watersports in Heber Valley, other sports like paddleboarding, canoeing, and kayaking are quite popular. On most days you can catch a glimpse of a kite surfer or wind surfer on Deer Creek Reservoir.

Find everything you need for an adventure out on the water with one of our local outfitters.

QUICK FACTS

Buy your fishing license at
Sportsman’s Warehouse, Walmart or Mountainland One Stop.

Ages 12+ need a Utah fishing license.

Read up on Utah fishing regulations.

More information at: takemefishing.org

QUICK FACTS

Boat and watersport rentals are available at all facilities.

Life jackets are highly encouraged whenever participating in water sports and are required for all tubers.

Season: spring/summer/fall

THINGS TO DO

- Kiteboarding
- Windsurfing
- Sailing
- Scuba Diving
- Swimming
ALPINE SKIING

Heber Valley may be Old Man Winter’s best kept secret. Located within minutes of two major ski resorts, in less than 30 minutes you can be from your couch to the top of a ski hill at either Deer Valley Resort or Sundance Resort.

DEER VALLEY RESORT

Deer Valley Resort offers a memorable ski experience with 21 lifts, 103 ski runs, six bowls and gladed tree skiing spread over 2,026 acres. Deer Valley® also features a variety of resort-managed lodging, award-winning dining, unparalleled service, complimentary Mountain Host tours and overnight ski storage.

SUNDANCE MOUNTAIN RESORT

Sundance has a cozy, nestled quality, yet there’s plenty of room. Its 42 ski runs across more than 450 acres still pack in 2,150 vertical feet and the spectacular snow of Utah. The highlight of Sundance is the Mount Timpanogos ridgeline and the abundance of mountain scenery and wildlife.

SNOWSHOEING AND NORDIC SKIING

Hiking through scenic mountain forests, accompanied by the warmth of the sun, or the breeze on your skin, is not just a summer opportunity.

For many Utahns and visitors to the area, snowshoeing is as accessible and as close as the gym. No special lessons or years of practice are required — it beckons beginners and experts alike. It’s family-friendly, affordable, and good for the body and spirit.

If you’re trying snowshoeing for the first time, or you’re more comfortable in controlled environments, sticking to established trails found at Wasatch Mountain State Park or Soldier Hollow is a great way to begin.

QUICK FACTS

- Snowshoes are available to rent at several locations.
- You can experience groomed trails at both Wasatch Mountain State Park and Soldier Hollow Nordic Center.
- Guides are available at Wasatch Mountain State Park and Soldier Hollow Nordic Center.

SOLDIER HOLLOW NORDIC CENTER

This venue served as the cross-country and biathlon event course in the 2002 Winter Olympics, and today is still a premier location for wintry fun. The cross-country ski trails are expertly groomed daily, making them perfect for skiers of all ages.
SNOWMOBILING

Nestled between two significant mountain ranges, Heber Valley proves to be one of the most accessible locations for snowmobiling in the state of Utah. Choose from guided or self-guided rides through the vast, open lands of Wasatch Mountain State Park, or guided tours on pristine backcountry trails with a private outfitter.

DANIELS SUMMIT LODGE

Offering more than 200 miles of groomed trails in the Uinta National Forest and out-the-door access to the whole network. Options range from easy, family-friendly rides to challenging, steep climbs to 10,000 feet. From the summit, riders enjoy views of the valley from a windy mountaintop before descending through the trees back to the trailhead.

WASATCH MOUNTAIN STATE PARK

An outdoor adventure playground for off-road winter riders, the area’s alpine terrain, wide-open views and plentiful snowfall make it a spectacular winter-sports mecca. You’ll find plenty of groomed and ungroomed snowmobile trails spread throughout the canyons near Midway.

QUICK FACTS

- Guided and self-guided tours are available.
- Beginner to expert trails are available throughout Wasatch County. Snow conditions vary throughout the season.
- Season: winter/spring

SNOW TUBING

Winter tubing is a great alternative to downhill skiing. Soldier Hollow Nordic Center boasts the longest tubing lanes in the entire state. With 1,200-foot sliding lanes and a new lift, tubing is the perfect way to take advantage of Utah’s beautiful winters.

Temperatures can vary throughout the day and evening, so make sure you dress warmly and bring plenty of giggles.

Soldier Hollow recently upgraded to a conveyor lift system which means faster lifts, shorter lines and more slides down the mountain.

QUICK FACTS

- Tubing is available for reservation in two-hour time slots.
- The tubing hill opens mid-December and runs through mid-March, weather permitting.
- Great for all ages.
- Season: winter
ICE CASTLES

Ice Castles is an awe-inspiring, must-see winter phenomenon that brings fairytales to life. The frozen attraction is in six cities across North America. The experience is built entirely by hand using hundreds of thousands of icicles hand-placed by professional ice artists. The castles include breathtaking LED-lit sculptures, frozen thrones, ice-carved tunnels, slides, and fountains.

Each ice castle is approximately one acre in size and built by hand, taking thousands of hours to create. The daily process consists of growing 5,000 to 12,000 icicles that are harvested by hand and individually sculpted into existing ice formations. Newly placed icicles are then drenched with water. The blend of icicle placement, temperatures, water volume and wind result in an astonishing and ever-changing variety of ice formations.

QUICK FACTS

The towering, walk-through structures are made entirely of ice.
The Midway Ice Castle is generally open late December through February and is weather dependent.
Season: winter

SLEIGH RIDES

Take a magical sleigh ride through Utah’s Winter Wonderland in the Wasatch mountains. Listen to the jingle of sleigh bells and snuggle up with family and friends on a horse drawn sleigh ride through the pristine snow in Heber Valley.

Heber Valley has several outfitters offering a range of experiences.

QUICK FACTS

Sleigh rides are dependent on snow conditions.
Temperatures can vary throughout the winter season.
Season: winter

ICE-SKATING

In the quaint alpine village of Midway sits the state’s largest, most scenic, outdoor ice-skating rink. The ice rink is in the heart of Midway at the town square and is surrounded by the beautiful Wasatch Mountains. Ice-skating is a timeless family tradition and is a great way to get exercise and enjoy fresh air during the winter months.

QUICK FACTS

The ice-skating rink is typically open from late-November through mid-March.
Ice skate rentals are available on-site.
75 N 100 W, Midway midwayicerink.com
Season: winter
SCENIC DRIVES

ALPINE LOOP  (open seasonally)

The Alpine Loop skirts Mount Timpanogos through American Fork Canyon, climbs over a mountain pass, travels past Robert Redford’s Sundance Resort, and descends into picturesque Provo Canyon. The Alpine Loop is approximately 20 miles long and is open from Memorial Day weekend to mid-October each year.

CASCADE SPRINGS  (open seasonally)

Tucked in among the tall mountains of the Wasatch Range, just west of the Wasatch Mountain State Park, is a beautiful and hidden oasis. Water bubbles up from the ground and cascades over travertine terraces and pools while all kinds of wildlife, including otters, beavers, deer, moose, and elk gather to drink.

The short, easy walk on paved paths and boardwalks through Cascade Springs is only half a mile, but its scenic beauty is enjoyable for hikers of all ages. Benches are provided along the walkways, allowing for rest or to just take in the quiet beauty that surrounds.

GUARDSMAN PASS  (open seasonally)

This picturesque drive follows a paved road from Midway through Wasatch Mountain State Park to the high ridgelines of the Wasatch Mountains. At Bonanza Flat, the road branches straight towards Park City or left toward Big Cottonwood Canyon and the Brighton Ski Resort. Guardsman Pass is open from Memorial Day weekend to mid-October each year.

Multiple hikes and lakes are found throughout the pass. Make sure to stop and explore some of the most spectacular aspen forests in the state.

PROVO CANYON  (open year-round)

The majestic walls of Provo Canyon are a dramatic backdrop to an unforgettable drive. The road winds through lush forest alongside the Provo River and past unique rock formations towering overhead. Be sure to stop and visit Bridal Veil Falls. Enjoy trails, paved paths, parks, picnic areas and you may even see the Heber Valley Railroad coming down the canyon.

FOR MORE INFORMATION VISIT: GOHEBERVALLEY.COM/SCENIC DRIVES
WASATCH AQUATIC CENTER

The Wasatch Aquatic Center features an activity pool, a competition pool, a therapy pool, a seasonal outdoor splash pad for kids as well as a party room available for rent. They offer several classes and activities including Wibbit Wednesdays (inflatable water park in the competition pool), swimming lessons, water aerobics, and more.

QUICK FACTS
The pool is open to the public Monday - Saturday. Make sure to check their online schedule for aquatic classes. wasatch.edu/ wasatchaquaticcenter Season: year-round

AQUA X ZONE

This inflatable water park is located near the sandy beach at Jordanelle State Park. It’s newly opened and already a hit with families, for good reason: this floating playground of inflatable slides, tunnels, tubes, rafts and trampolines will keep the whole family entertained for hours. It’s an adventure your kids will never forget. Bring a picnic or grab a bite at the marina general store and don’t forget your sunscreen!

QUICK FACTS
Open seven days a week. Lifejackets are recommended. Jordanelle State Park day use fee is required. aquaxzone.com Season: summer

RIVER RAFTING

The Provo River includes a 4.5 mile section of class I-III whitewater rafting. Rafting is a great way to cool off during the hot summer months for both children and adults. This section of the river runs through one of Utah’s most scenic byways — Provo Canyon. Whether you choose to explore the river on your own or use a river guide, this experience will provide memories to last a lifetime.

QUICK FACTS
Life jackets must be worn on the Provo River at all times. Be prepared to get a little wet and bring your sunscreen. Season: summer/fall

ZIPLINE

Zip line on the longest route over water in the world and reach speeds of up to 65 mph. Zipline Utah takes families through five lines total to get back to the start; The Screaming Falcon Adventure course is the longest continuous zip line course in the world — two miles long. You’ll experience aerial bridges and up to 500 stairs on your adventure and a challenging ropes course to test your strength and abilities.

QUICK FACTS
Offering up to 2 miles of continuous zip line, with 10 zip lines and 7 aerial bridges to accommodate all skills. Located at Deer Creek Reservoir, Rainbow Bay, milepost 22. Season: year-round
BOWLING ALLEY

Holiday Lanes has been open since 1962 and run by the same family since 1964. Step back in time and enjoy this family-friendly bowling center featuring original ball returns and pin machines. Be sure to grab lunch or dinner while you knock back a few pins with friends. We highly recommend the deep-fried pickles with a malt shake.

QUICK FACTS
Open Monday - Saturday.
Family-friendly atmosphere.
Restaurant on-site.
Season: year-round

SKATE PARK

The Wasatch County skate park is a hidden gem if you are a “make your own kind of fun” lover. Admission to the skate park is free and accommodates all skill levels.

The skate park is located on the north side of the Southfield Park and is surrounded by sports fields, a playground, pickleball courts and more.

QUICK FACTS
Open to all levels and abilities.
Equipment rentals are not available on-site.
wastatchparksandrec.com
Season: year-round

THEATERS

Heber Valley has two movie theaters, The Avon Theatre and the Ideal Theatre. These theaters are not just a venue for movies — they’re actually historic sites. The theaters opened shortly before 1918 and have played movies off and on since then. They have recently been renovated on the inside, feature surround sound and each theater plays a different movie with weekly rotations.

QUICK FACTS
Make sure you visit Corner Sweet Treats at the Avon Theatre, complete with homemade ice cream and candy.
hebercitytheatre.com
Season: year-round

PICKLEBALL COURTS

Pickleball is a paddleball sport that combines elements of tennis, badminton, and table tennis. Players use solid paddles made of wood or composite materials to hit a perforated polymer ball over a net.

Heber Valley boasts both indoor and outdoor pickleball courts that are open to the public. These options provide a great experience for both beginners and seasoned pickleball enthusiasts.

QUICK FACTS
Courts are first-come, first-served and cannot be reserved.
Visit the Wasatch County Recreation Center for court locations.
wasatchparksandrec.com
Season: year-round
THE LEGEND OF TIMPANOGOS

History tells a tale of a Uintah tribe of Indians that lived by a beautiful silver lake. The lake was abundant in fish which the tribe would catch, dry and store. Eventually, the tribe accumulated a large surplus of fish.

Far to the North, there lived another tribe of Indians called the Nez Perce. One year there was no rain and many of the Nez Perce died from famine. To save his people, Timpanac, the leader’s son, went to pray to The Great Spirit and was told to go south where he’d find a tribe to sell him food.

After many days, Timpanac came to the Uintahs’ lake. The leader treated Timpanac kindly and was willing to exchange dried fish for rich furs. In the leader’s teepee, Timpanac saw Ucanogos, a beautiful Indian maiden. When Timpanac returned home, he gave Ucanogos a beaded headband. In return, she gave him a pair of gloves.

When Ucanogos was old enough to marry she asked her father to hold a contest for all braves who wished to marry her. Ucanogos sent a runner to tell Timpanac to come.

In order to marry Ucanogos, the assembled braves were required to climb to the top of a mountain where Ucanogos waited. The first to reach her could claim her as his bride.

When Timpanac reached the steepest place on the mountain, the other braves were waiting for him. They pushed Timpanac over a ledge where he fell to his death. Ucanogos saw what happened, wept great tears and vowed they would never stop falling. A wall of tears still falls down this canyon — now named Bridal Veil Falls.

She then threw herself off the mountain, praying to The Great Spirit to take her soul and join it with Timpanac’s. The Great Spirit was so saddened by these events he joined their hearts together as one to hang forever in Timpanogos Cave, and he set the Indian Maiden on the mountain top for eternity. Those who travel through Provo Canyon can clearly see her features. The name Timpanogos combines the names of the ill-fated lovers: Timpanac and Ucanogos.
In the spring of 1859 pioneer settlers made their way to what they called the Provo River Valley. What they found was a beautiful valley surrounded by towering mountains with a wide river cutting across the valley floor. Early English settlers named their new township London after their hometown in Britain. Later it would be renamed Heber City after a prominent and well-loved leader in the LDS church and became an official city in 1889. Traditionally a farming community with over 100 dairy farms and a culture steeped in the “Western way of life” Heber City has made its own place in history from the birthplace of surround sound to hosting one of the country’s premier Western festivals. From humble beginnings with just 18 families, today Heber City and the surrounding Wasatch County area have become an oasis for outdoor and adventure enthusiast. With just over 15,000 residents Heber City still features small town charm from bygone eras and that feeling of being welcomed home.

HISTORY OF HEBER CITY
HISTORY OF MIDWAY

Tucked against the mountainside on the western edge of the Heber Valley, is the small mountain town of Midway. Visitors to Midway often enjoy the Swiss-inspired architecture and wonder how the town got its name. In the late 1850’s pioneer settlers with Swiss roots began to till and work the land bringing with them their unique style. By 1866 two small settlements existed. For safety concerns the two settlements decided to combine. Meeting in the middle they formed their new community as the town of Midway. Recently voted as Utah’s favorite small town, Midway welcomes visitors from around the world to enjoy Swiss charm, soothing hot springs, mountain golf, awe-inspiring manmade castles of ice in the winter and much, much more. During the 2002 Winter Olympics Midway welcomed the world as they helped host the Nordic events at Soldier Hollow. Today, Midway is a town of just over 5,000 residents and features some of the best dining and outdoor experiences in all of Utah.
EVENTS

YEAR-ROUND EVENTS IN THE HEBER VALLEY

JANUARY
• Christmas Bird Count
• Moonlight Snowshoe Hike
• Winter Festival
FEBRUARY
• When Hailstone Freezes Over Ice Fishing Tournament
• Skijoring
MARCH
• High Valley Arts Theater
• St. Paddy’s Train
• Timpanogos Valley Theatre
APRIL
• Spring Easter Train at Heber Valley Railroad
• Restaurant Week
• Easter Eggstravaganza
• Baby Animal Days
MAY
• Wild West Days at Heber Valley Railroad
• Soldier Hollow Mountain Bike Race
• Heber Valley Horse Sale
• Homestead Summer Concert Series
JUNE
• Heber Valley Market & Outdoor Concert in the Park
• RW Erickson Antique Power Show
• Chevy’s 50’s Car Show
• Homestead Summer Concert Series
• Summer Solstice Celebration
• Solstice Flute Festival
• Dirty Dash at Soldier Hollow
• Free Fishing Day
• Warbird Event at the CAF
JULY
• Plein Air Competition
• High Valley Arts Theatre
• Birds of Prey at Wasatch Mountain State Park
• Small Town 4th of July
• Demolition Derby
• Fire on the Water at Jordanelle State Park
• Charleston 24th Celebration
• Homestead Summer Concert Series
• Heber Valley Market & Outdoor Concert in the Park
AUGUST
• Wasatch County Fair Days
• Mountain Valley Stampede Rodeo
• Classic Car & Aircraft Show
• Swiss Days
• Sheep Dog Classic at Soldier Hollow
• Apple Harvest at Wasatch Mountain State Park
• Homestead Summer Concert Series
• Heber Valley Market & Outdoor Concert in the Park
SEPTEMBER
• Apple Harvest at Wasatch Mountain State Park
• Dirty Dash at Soldier Hollow
• Strawberry Wildlife and Kokanee Festival
• Homestead Summer Concert Series
• Fire on the Water at Jordanelle State Park
• Charleston 24th Celebration
• Homestead Summer Concert Series
• Heber Valley Market & Outdoor Concert in the Park
• Heber Valley Railroad Pumpkin Festival
• Sleepy Hollow Haunted Wagon Rides
• Heber Valley Western Music & Cowboy Poetry Gathering
• Scarecrow Garden at Homestead Resort
• Full Moon Hike at Wasatch Mountain State Park
NOVEMBER
• Tree Lighting Celebration
• High Valley Arts Production
• PRCA Wilderness Circuit Rodeo
DECEMBER
• North Pole Express on the Heber Valley Railroad
• Great Christmas Adventure
• Midway Small Town Swiss Christmas
• Interfaith Creche Exhibit
• Cottages for the Children
• Santa Sleigh Rides
• Zermatt Swiss Christmas

FOR MORE INFORMATION VISIT GOHEBERVALLEY.COM/EVENTS
ADVENTURE OUTFITTERS

ADVENTURE HAUS
adventurehaus.com | 435.709.9540
ATV/RZR and Ski Rentals | Map B5

AQUA X ZONE
aquaxzone.com | 435.962.9663
Inflatable Water Park at Jordanelle Reservoir

BACKCOUNTRY ADVENTURES FLY FISHING
backcountrychronicles.com | 435.315.2250
Guided Fly Fishing

DANIELS SUMMIT
danielessummit.com | 800.519.9969
Snowmobile and ATV Rentals

DEER CREEK ISLAND RESORT
deercreekislandresort.com | 435-657-5494
Boat, Kayak, Paddleboard and Jet Ski Rentals

FISH HEADS FLY SHOP
fishheadsflyshop.com | 435.657.2010
Guided Fly Fishing and Full Service Shop | Map Q7

HIGH COUNTRY ADVENTURE
highcountryadventure.com | 801.224.2500
Rafting and Kayaking Tours and Rentals

HIGH VALLEY RENTAL
highvalleyrental.com | 435-654-2155
ATV, Motorcycle and Snowmobile Rentals

JORDANELLE RENTALS
jordanelleen rentals.com | 435.615.7397
Boat, Kayak, Paddleboard and Jet Ski Rentals

KB HORSES
kbhorses.com | 435.657.0515
Horseback Riding and Sleigh Rides | Map V7

LOFTY PEAKS
loftypeaks.com | 435.654.5810
ATV/UTV, Snowmobile, Boat, Jet Ski Rentals, Guided Tours | Map Q10

MIDWAY ADVENTURE COMPANY
midwayadventure.com | 435.654.2008
ATV/RZR, Bicycle, Ski and Snowboard Rentals, Retail, Rafting Tours | Map F9

ROCKY MOUNTAIN OUTFITTERS
rockymountainoutfitters.com | 435.654.1655
Horseback Riding, Fly Fishing, River Rafting Tours and Sleigh Rides | Map E15

SLIM & KNOBBY’S
slimandknobys.com | 435.654.2282
Electric, Mountain and Street Bike Rentals and Sales | Map Q7

SOAR UTAH
utahsoaring.com | 435.610.2002
Scenic Flights | O13

SOLDIER HOLLOW
utaholympiclegacy.com | 435.654.2002
Cross Country Skiing and Snowshoeing Rentals and Lessons, Trails | Map C16

STRAWBERRY BAY MARINA
strawberrybay.com | 435.548.2261
Boat Rentals, Guided Fishing Trips and Snowmobiling

THE HIKING INN
thehikinginn.com | 314.534.8996
Hiking and Snowshoe Guided Trips | Map B8

UINTA RECREATION
uintarecreation.com | 801.613.0288
ATV/UTV, Snowmobile, Kayak, Paddleboard, RV, Boat and Jet Ski Rentals, Guided Tours | Map P12

WASATCH E-BIKE
wasatchebike.com | 435.657.2964
Electric Bike Rentals and Sales | Map E9

WASATCH MOUNTAIN STATE PARK
stateparks.utah.gov | 435.654.1791
Cross Country Ski, Snowshoe, and Fishing Rentals, Trails | Map C3

WASATCH EXCURSIONS
wasatchexcursions.com | 435.729.9595
ATV, UTV, Snowmobile, Jet Ski Rentals and Guided Tours | Map C11

WILDERNESS ACCESS OUTFITTERS
waoutah.com | 435.602.4022
Fly Fishing Tours, Paddleboard, Kayak, Outdoor Equipment Rentals | Map Q7

ZIPLINE UTAH
ziplineutah.com | 866.923.1063
Zipline and Ropes Course
PLACES TO EAT

THE BAKERY AT ZERMATT  zermattresort.com
784 W Resort Dr | Midway | 435.654.2015 | Bakery | Map C5

BACK 40 RANCH HOUSE GRILL  back40utah.com
1223 N Hwy 40 | Heber | 435.654.3070 | American | Map Q4

BAGEL DEN  thebagelden.com
133 N Main | Heber | 435.654.3393 | American | Map Q5

BLUE BOAR INN  theblueboarinn.com
1235 Warm Springs Rd | Midway | 435.654.1400 | European | Map B4

CAFE GALLERIA  cafegalleriapizza.com
101 W Main | Midway | 435.657.2002 | Italian | Map E9

CAFE RIO  caferio.com
75 W 100 S | Heber | 435.503.9900 | Mexican | Map P10

CORNER RESTAURANT
195 W Main | Midway | 435.657.5494 | American | Map D9

CHICK’S CAFE
154 S Main | Heber | 435.654.1771 | American | Map P8

DAIRY KEEN  dairykeen.com
199 S Main | Heber | 435.654.5336 | American | Map Q8

DOCK OF THE BAY  dockofthebayrestaurant.com
Hwy 189 at Deer Creek Reservoir | 435.654.2155 | Seasonal

DON PEDRO’S RESTAURANT
1050 S Main | Heber | 435.657.0600 | Mexican | Map Q10

DOTTIES KOLACHES CO.  dottieskolaches.com
95 S Main | Heber | 435.632.4162 | American | Map Q7

FANNY’S GRILL AT HOMESTEAD  homesteadresort.com
750 N Homestead Dr | Midway | 435.657.3858 | American | Map D5

FILL’ER UP COFFEE STATION  fillerpcoffeestation.com
201 E Main | Midway | 435.657.2700 | American | Map Q9

GRANNY’S DRIVE IN  grannysdrivein.com
511 S Main | Heber | 435.604.5062 | American | Map Q6

HEBER VALLEY BREWING  hebeervalleybrewing.com
501 N Main | Heber | 435.315.3816 | American | Map Q6

HIDEOUT STEAKHOUSE  hideoutsteakonastone.com
281 N Main | Heber | 435.709.2999 | American | Map Q6

HOLIDAY LANES
595 N Main | Heber | 435.654.0372 | American | Map Q6

HUB CAFÉ
1165 S Main | Heber | 435.654.5463 | American | Map Q10

ICHIBAN SUSHI  ichibansushiheber.com
750 S Main St | Heber | 435.315.3367 | Japanese | Map Q9

J&G GRILL  jgrilldeercrest.com
2300 Deer Valley Dr | Park City | 435.940.5760 | American

JUDY’S DONUTS  judysdonuts.com
231 E Main | Midway | 435.315.3876 | Bakery | Map G9

JUNE PIE  junepie.com
133 N Main | Heber | 435.503.6950 | American | Map Q7

KNEADERS  kneaders.com
1020 S Main | Heber | 435.657.7700 | Bakery | Map Q10

KOHLER CREAMERY  hebeervalleyartisancheese.com
920 River Rd | Midway | 435.654.0291 | American | Map H5

LOLAS  lolasstreetkitchen.com
24 E Main | Midway | 435.671.3970 | American | Map F9

MAIN STREET SOCIAL  mainstreetsocialutah.com
98 S Main | Heber | 435.657.6534 | American | Map Q7

MEYERS COFFEE  meyerscoffeee.com
595 S Main | Heber | 435.657.6789 | Cafe | Map Q9

MELVIN’S PUBLIC HOUSE  melvinspub.com
139 N Main | Heber | 435.654.9464 | American | Map Q7

MIDWAY BAKERY ON MAIN
206 W Main | Midway | 435.557.0518 | Bakery | Map D9

MIDWAY MERCANTILE  midwaymercantile.com
99 E Main | Midway | 435.315.4151 | American | Map F9

POLE GRILL AT DANIELS SUMMIT  danielssummit.com
Hwy 40 Daniels Summit Pass | 435.548.2300 | American

QUENCH-IT  quenchitsoda.com
760 S Main | Heber | 435.654.0767 | Drinks | Map Q10

SIMON’S AT HOMESTEAD  homesteadresort.com
750 N Homestead Dr | Midway | 435.657.3858 | American | Map Q6

SNAKE CREEK GRILL  snakecreekgrill.com
650 W 100 S | Heber | 435.654.2133 | American | Map Q7

SOLDIER HOLLOW GRILL  soldierhollowgrill.com | 435.654.9112
1370 W Soldier Hollow Ln | Midway | American | Map C16

SPIN CAFÉ  spincafe.net
220 N Main | Heber | 435.654.0251 | American | Map Q7

SÜSS COOKIE CO.  susscookieco.com
275 S Center | Midway | 801.508.4548 | Bakery | Map F10

TARAHUMARA  tarahumararestaurant.com
380 E Main | Midway | 435.654.3465 | Mexican | Map G9

THE OLD GOAT  oldgoateatery.com
315 N Main | Heber | 435.657.9431 | American | Map Q7

THE JUNCTION PIZZERIA & GRILL  slicelife.com
650 W 100 S | Heber | 435.657.2200 | Italian/American | Map Q7

TIMPANOOGOS TAVERN
1320 S Daniel Rd | Heber | 435.654.0882 | Drinks | Map P11

TONY’S TACOS  tontostacosmexicanfood.com
461 S Main | Heber | 435.657.0219 | Mexican | Map Q9

WASATCH BACK GRILL & DELI  wasatchbackgrill.com
550 W 100 S | Heber | 435.654.6415 | American | Map O7

WASATCH PARK CAFE  wasatchgolfcourse.com
975 Golf Course Dr | Midway | 435.654.2139 | Seasonal | Map B2

WILDFIRE SMOKEHAUS AT ZERMATT  zermattresort.com
784 W Resort Dr | Midway | 866.643.2015 | American | Map C5

WINDYA’S PLACE  windyasplace.com
32 S Main | Heber | 435.657.3077 | Indonesian | Map Q7

Z’S CHOP HAUS AT ZERMATT  zermattresort.com
784 W Resort Dr | Midway | 866.643.2015 | American | Map C5
CAMPING AND RV

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<td>855.901.6100</td>
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<td>888.754.4049</td>
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LODGING

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<td>BEST WESTERN PLUS HOTEL</td>
<td>1227 S Hwy 40</td>
<td>435.657.6500</td>
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<td>DANIELS SUMMIT LODGE</td>
<td>Hwy 40 Daniels Summit Pass</td>
<td>800.519.9969</td>
<td>danielssummit.com</td>
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<td>HEBER SENATOR</td>
<td>118 S 300 W</td>
<td>435.777.2262</td>
<td>hebersenatorbedandbreakfast.com</td>
<td>Map P8</td>
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<td>HOLIDAY INN EXPRESS</td>
<td>1268 S Main</td>
<td>866.HOLIDAY</td>
<td>hiexpress.com/hebercityut</td>
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<td>HOMESTEAD RESORT</td>
<td>700 N Homestead Dr</td>
<td>800.327.7220</td>
<td>homesteadresort.com</td>
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<td>M STAR</td>
<td>425 S Main</td>
<td>435.654.2150</td>
<td>swissalpsinn.com</td>
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<td>SILVER SPRINGS LODGE</td>
<td>6225 E 1200 S</td>
<td>435.503.7251</td>
<td>silverspringslodge.com</td>
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<td>ST. REGIS DEER VALLEY</td>
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<td>435.940.5700</td>
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<td>STRAWBERRY BAY LODGE</td>
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<td>MOUNTAIN VALLEY RX RESORT</td>
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<td>DEER CREEK STATE PARK</td>
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<td>SWISS ALPS INN</td>
<td>167 S Main</td>
<td>435.654.0722</td>
<td>swissalpsinn.com</td>
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<td>THE BLUE BOAR INN</td>
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<td>THE HIKING INN BED &amp; BREAKFAST</td>
<td>364 Tanner Lane</td>
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<td>thehikinginn.com</td>
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<td>THE INVITED INN</td>
<td>1045 N Homestead Dr</td>
<td>435.654.7075</td>
<td>invitedinn.com</td>
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<td>THE STONE HILL LODGE</td>
<td>2590 Snake Creek Rd</td>
<td>801.897.5813</td>
<td>stonehillodge.com</td>
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<td>TIMBER MOOSE LODGE</td>
<td>10000 E 3000 S Hamilton Pl</td>
<td>801.860.5885</td>
<td>timbermoose.com</td>
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<td>ZERMATT RESORT UTAH</td>
<td>784 W Resort Dr</td>
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<td>zermattresort.com</td>
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</table>
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GETTING HERE IS THE EASY PART